

**The Confederation of Analytical Psychology
presents
Converging Streams:**

A conference to present Advanced Integrative Therapy in the UK

16 & 17 October 2010

Advanced Integrative Therapy was created in the USA by Asha Clinton. It reflects her extensive training and experience as a Jungian-based therapist and, in the last decade, as an innovator in the evolving arena of energy psychology. AIT's substantial contribution to the field is in joining the techniques of energy therapy into the realm of depth psychology with an integration of archetypal, cognitive, behavioural, spiritual and physical understandings.

The foundational principles of AIT are taught in one 3-day seminar called AIT Basics, after which clinicians may begin to use the work with their clients. Fifteen optional specialist seminars (see attachment) offer post-Basics training in AIT's approach including the treatment of specific diagnoses, working with historical trauma, and developing spirituality.

**Main Speaker
Asha Clinton**

Dr Clinton, MSW, Ph.D. is the developer of Advanced Integrative Therapy (AIT). A former Princeton professor in full-time private practice for 29 years, she is trained in analytical psychology, expressive arts therapy, self psychology, gestalt, EMDR, and the American energy psychology techniques. Dr. Clinton teaches AIT seminars in North and Central America and Europe, and participates in AIT humanitarian projects with the Maya of Guatemala, the Navajo, and the New Orleans survivors of Hurricane Katrina. She has also practiced in the Buddhist and Sufi traditions.

Also presenting:

Dr Phil Mollon
Ruthie Smith
Angela Cotter

Other contributors:

Reinhard Kowalski
Michelle Shapiro
Cathy Folkers

Saturday 16th Chair: James Barrett

- The energy therapies
- AIT approach to Trauma
- Wounded Spirit: Healing Spiritual Trauma

Sunday 17th Chair: Judith Anderson

- Depths: Working with Archetypal figures
- AIT Neuroscience and Attachment
- AIT Approach to Psychosomatic suffering
- Development and Training in AIT

Venue (*near King's Cross Station*)

NCVO, The National Council for Voluntary Organisations
Regent's Wharf
8 All Saints Street
London
N1 9RL

For location and map go to www.ncvo-vol.org.uk/contact

Cost (include lunch and refreshments)

This has been devised as a 2-day conference, but the days can be taken separately.

2 days Sat and Sun £170 - Early Bird reduction before 17th Sept £150

1 day only Sat/Sun £95 - Early Bird reduction before 17th Sept £85

(If booking for one day only please specify which on your application)

To apply please complete the application form and send a cheque payable to CAP
Clare Landgrebe CAP Administrator,
6 The Spinney
Pulborough
West Sussex
RH20 2AP

Please specify any dietary requirements. There is disabled access

Further programme details and directions will be sent nearer the time.

Enquiries to James Barrett james.barrett1@btinternet.com 01926 316178

For those interested in further training, the 3 day **AIT Basics seminars** are available in the UK on a regular basis; the first seminar after this conference is 3-5th December in London. There is also a programme of **Advanced Seminars** twice per year - www.seemorgmatrix.org

Speaker and Contributor Biographies

Phil Mollon is a psychoanalyst, psychotherapist and clinical psychologist. He is the author of a number of books on trauma, dissociation, shame, and self psychology. In recent years his focus has been upon integrating the emerging field of energy psychology with more traditional psychoanalytic understanding - developing an approach that he terms *Psychoanalytic Energy Psychotherapy*.

Ruthie Smith is an Attachment Based Psychoanalytic Psychotherapist who worked for a number of years as a Principal Individual Psychotherapist in the NHS, and prior to that, at the Women's Therapy Centre. She teaches on a number of psychotherapy training programmes including at the John Bowlby Centre, and also teaches A.I.T. (*Advanced Integrative Therapy*), a therapeutic technology that rectifies neurobiological imbalances caused by trauma. She works in private practice and is currently setting up a trauma centre.

Angela Cotter originally trained as a nurse and is a Jungian Analytical Psychotherapist. Her recent research has concerned the archetype of the wounded healer. She is currently Course Director of the MPhil/PhD in psychotherapy and counselling at Regents College, London, and her teaching to Psychotherapy students includes the end of the lifecycle. Angela also has a psychotherapy practice that includes working with homeless people.

Catherine Folkers, MSW is the Organizational Director of AIT and an AIT teacher, as well as an AIT practitioner. She comes to AIT with a broad background in yoga, meditation and music.

Reinhard Kowalski is a Consultant Clinical Psychologist & Psychotherapist in the NHS, accredited by BPS and UKCP. He is also a Mindfulness teacher and his latest book 'Practical Psychology of Yoga Wisdom' has just been published in India. He also runs a private practice in Buckinghamshire and London.

Michelle Shapiro is a clinical psychologist working part time in a child and adolescent service in the UK. Her special interests are to work with all aspects and presentations within this client group, which includes parents and the family as a whole unit. She describes her approach as easy going, uncomplicated and readily followed by even young children. She is also trained and experienced in working with trauma across the lifespan which is a second area of special interest.

James Barrett trained at the London Centre for Psychotherapy in the early 1980s, co-founded, and for eight years chaired, the training in Jungian Analytical Psychotherapy at the West Midlands Institute of Psychotherapy. He is active in promoting the theory and practice of Jungian culture, relational psychoanalysis, and in organising events for Psychotherapists and Counsellors for Social Responsibility. He has incorporated AIT into his psychotherapy practice.

Judith Anderson is a Jungian Analytical Psychotherapist and Consultant Psychiatrist and is Chair of the steering group of Psychotherapists and Counsellors for Social Responsibility. She has an interest in trauma and has recently begun to integrate AIT in her clinical practice.

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Name

Address

Telephone

Email

(delete as appropriate)

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I would like to attend BOTH DAYS SATURDAY only SUNDAY only
(please circle)

I enclose a cheque payable to CAP for *(please circle)*

BOTH DAYS £170 Early Bird reduction before 17th Sept **£150**

ONE DAY ONLY £95 - Early Bird reduction before 17th Sept **£85**

Send to CAP Administrator:

Dietary requirements.

There is disabled access; please let us know of any other requirements.

Any enquiries to James Barrett james.barrett1@btinternet.com 01926 316178